Official invitation, IF Herkules

3rd National league Norway cup

The Norwegian Skating Federation and IF Herkules speedskating have the honor to invite you to the 3. National league Norway cup. The competition will be held in Skien 14.-15. January 2023. International skaters will not be eligible for points and ranking in the Norway Cup, but will race against all skaters in the competition.

The competition is open for all categories including skaters from Special Olympics.

Conditions of Contest

The Qualifying Schedule on each distance shall be based on an "All Final System" in all categories. The All Final System is used in order to guarantee a minimum number of races to all participants. The organizer reserves the right to change the program for distances and classes due to number of entries or other circumstances.

Distances

Senior and Masters	1500 m	500 m	1000 m	(Relay TBC)
Junior C-A	1500 m	500 m	1000 m	(Relay TBC)
Junior F-D	777 m	500 m	1000 m	
Recruits	333 m	111 m	500 m	
Special Olympics	777 m	500 m	1000 m	

Preliminary program

Saturday, January 14th

08.00 - 09.30 Registration and helmet covers
08.30 - 09.30 Warm up
09.00 Meating for teamleaders
10.00 Start of competition
16.00 End of competition

Sunday, January15th

08.30 – 09.30 Warm up
10.00 Start of competition
16.00 End of competition

Entries must be made at www.shorttrackonline.info not later than Tuesday 10th of January at 20.00.
Clubs and Federations have a special password for login to the entry page for International Competitions. If not available, is it possible to apply the webmaster for a login through the website.

Entry Fee

An entry fee of 40,00 EUR (400 NOK) Juniors C-Masters and 20 EUR (200 NOK) for Recruits – Junior D and Special Olympics must be paid to the organizers for each accredited person, e.g. for every athlete. All Norwegian skaters must pay through bank transfer January 10th at the latest. Please pay the total amount for all skaters per club! Please indicate club name and how many skaters from the club. Account nr 2801.44.50256

International skaters can pay with credit/debitcard at the rink

Meals

There will be a café in the ice rink.

Award of Prizes

Prize for the first, second and third classed in the final results for Junior C – Masters. All other classes will be awarded prizes.

Ice rink
Skien ishall, Moflatvegen 67, 3733 Skien

Map: Skien ishall

Organizing Committee
For information about the race, contact:
Lars Stomperudhaugen, Tel: +4797542068, E-mail stomperudhaugen@gmail.com (Contact preferred by mail)

Liability
In accordance with I.S.U. Rule 119, the Organizingcommittee assumes no responsibility with respect to medical, bodily or personal injury or property loss or damage sustained or caused in connection with this Competition.

There will be medical trained persons in the rink due the competition.

Hotel- Accomodation

Hotell Fritidsparken,
Moflatvegen 59, hotell@skienfritidspark.no, +47 35541040

Prices pr. pers including breakfast.

* Group Prices:	
6 bed Room	345
5 bed Room	378
4 bed Room	425
3 bed Room	475
Double Room	580
Singelroom	925

Clarion Collection Bryggeparken,
Langbrygga 7, cc.bryggeparken@choice.no, +47 35912102

- Singel room kr 1190,- (Inkluding breakfast, fika (15-17) and evening meal (18-20))
- Double room kr 1390,- (Inkluding breakfast, fika (15-17) and evening meal (18-20))

We look forward to seeing you in Skien!